

## 2019 ALL-Northwest Conference Girls Cross Country

MVP	RUNNER	School
	Livi Lackland Henry	Bellingham

	RUNNER	School		RUNNER	School
First Team	Evelyn Buetow	Sehome	Second Team	Izabelle Anderson	Bellingham
	Kammy Burton	Sedro-Woolley		Mila Hoagland	Burlington-Edison
	Kayla Aapoel	Meridian		Grace Doud	Squalicum
	Maya Ewing	Lynden Christian		Lily Snow	Nooksack Valley
	Caitlan Brar	Anacortes		Callie Buchanan	Lakewood
	Laura Halsell	Squalicum		Jessica Frydenlund	Anacortes
	Gillian Spilker	Bellingham		Sage Mailhiot	Burlington-Edison
	Rosie Kirker	Sehome		Madison Howe	Lakewood
	Julie Gill	Sehome		Isabelle Douglas	Sehome
	Jaclyn Denham	Ferndale		Jenny Hanson	Anacortes
	<b>Coach of the Year:</b>				
	Bill McClement	Bellingham			